Annual Meeting Program Set:
Mark Saturday, Oct. 9, On your Calendars

Saturday, Oct. 9, 1999 at the San Diego Buddhist Temple has been set as the Seventh Annual Meeting of the JAHSSD. This year’s meeting has been structured to accommodate not only our membership, but guests from the community at-large who may wish to attend the program.

Featured speaker will be Dr. Satsuki Ina, CSU Sacramento professor and family therapist. Dr. Ina will discuss the impact of the internment experience on what she refers to as, “The Children of the Camps.”

In conjunction with Dr. Ina’s presentation, we will view the powerful new documentary, “Children of the Camps” followed by a discussion led by Dr. Ina.

To facilitate this special presentation and make it available to students and other interested members of the community, we will be observing a slightly altered schedule. We will be conducting our annual meeting from 10 to 10:30 a.m. during which time we will be honoring the late Joe Owashi for his many contributions to our community.

At the conclusion of the society’s business meeting, we will view the video “Children of the Camps.” Following the video, Dr. Ina will lead a round table discussion, and at noon lunch will be served.

We encourage you to invite your friends and other interested parties to hear and see this dynamic speaker and moving video presentation.

The cost of this year’s bento will remain $15 per person. The annual program is free and open to the public.

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DATES TO REMEMBER
October 3 Buddhist Temple Food Bazaar
11a.m. - 3 p.m.

October 9 JAHSSD Annual Meeting 10 a.m. - 1 p.m.
Buddhist Temple

December 2 Artist Joel Nakamura
Myths & Modern Culture 6:30 - 8 p.m.
City College Theater

Dec. 31 Joya No Kane 11:30 p.m.
Buddhist Temple New Year’s Eve Service
Shelter Island Friendship Bell
(open to the public)

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DR. SATSUKI INA: INTERNEES SHOW SIGNS OF POST TRAUMATIC STRESS
(The following is an excerpt of an article by Judy Tachibana that ran in the Rafu Shimpo earlier this year.)

Dr. Ina, a CSU Sacramento professor marriage and family therapist, is scheduled to be the guest speaker at the JAHSSD annual meeting Oct. 9 and will be showing her documentary, “Children of the Camps,” which explores unanswered questions and hidden feelings of Nikkei children who had been interned.

In the interview with Tachibana, Dr. Ina said she recognized signs of post traumatic stress in discussing the impact of the war years on Nikkei.

“Beginning talking and I realized this was full of intense emotion and repressed feelings and memories that came out as we went through this process,” Dr. Ina said. “Every group was always incredibly intense, lots of grief and sorrow, so much was non-verbal feelings and in many ways this was a way to help people resolve their grief.

“When you look at Japanese Americans today clinically, you see low grade chronic depression, a lot of work-related stress, achievement stress, somatic disorders, which result in stomach ulcers, high blood pressure, migraine headaches.

“We don’t become mass murderers, we internalize it.”

Dr. Ina says the scars of Executive Order 9066 remain even today.

“Many gave up dreams of being musicians, artists, poets...to be more secure,” she said. “They have the need to achieve and be successful in their work. Japanese Americans suffer from workaholism because that drive is so intense—the feeling that it’s never quite good enough, that somehow we have to be extraordinary.

“Until we can talk about it and make a connection with the grief and anger, we will still be unconsciously trying to get out of camp.”

CHANKO-NABE
By Joyce Nabeta Teague

I’m wondering...does the cook in your family automatically serve rice at dinnertime? Even if the main course is spaghetti and meatballs? Or there’s already at least one other hearty starch on the plate? You know, like meatloaf and mash potatoes and rice. Tuna noodle casserole and rice. Macaroni-and-cheese with a side of rice.

Hawaiian plate lunches do the Two-Starch Meal admirably by including both a scoop of potato salad and a scoop of rice. Then there’s the ultimate starch-and-crab holiday meal: Thanksgiving turkey accompanied by bread stuffing, candied yams, mashed potatoes, dinner rolls, and rice.

I’ve had this discussion about gohan (cooked rice) with my siblings before. Sometimes, no matter what’s for dinner, you just gotta have rice with it. I think it’s as much a family habit born out of financial necessity as a cultural thing, though. Traditional Japanese meals end with rice; Japanese American meals are accompanied by rice; and in adopting and adapting different ethnic dishes, the Issei and Nisei made these exotic tastes more palatable and acceptable by serving them with rice. Besides, you could stretch both the main dish and your pennies in this way. Thus were developed such family staples as chili beans or beef stew over rice. At least, that’s my two-bit theory. I welcome yours.

When we were sun-browned kids living on the farm, my budget-minded mom used to approximate traditional corned beef and cabbage by boiling up lots of cabbage with chunks of potatoes and carrots in a big pot. To this she added one small can of corned beef cubed, which would quickly break down into flavorful strands of the reddish-colored processed meat. Each of us would get a pile of tender veggies with broth and a few small lumps of meat in what amounted to a very tasty vegetable stew. This recipe cooked up quickly-important since Mom had been out in the field all day and was as probably as hungry as the rest of us - and easily fed the seven of us when ladled over servings of hot rice.

One weekend in March several years ago, I was visiting the Farmers Market in L.A. with some friends. In the spirit of the St. Patrick’s Day, some of us decided to order the specialty of one of the Irish-named eateries there. Prior to this, I’d lived in blissful ignorance that corned beef to most folks was a large hunk of seasoned meat simmered for hours and served See CHANKO-NABE page 7
President's Message

Important Note: Board member Mas Hironaka is back at the nursing home and cards and visits would be appreciated. His address is: Mr. Masaaki Hironaka - Room 51-A Stanford Court, 7800 Parkway Drive, La Mesa, CA 91942.

Item: Mark your calendars for Saturday, Oct. 9, for our annual bento get together. It will be very different, and we hope you find it thought-provoking and rewarding. Details elsewhere.

Elaine Hibi Bowers

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Mike Ishikawa (Left) and Tsuneo Yamasaki look over their "Greetings from the President..." Feb. 24, 1941

A Moment In Time:
Classic Photographs from the JAHSSD Archive
by Don Estes

On September 17, 1940 the Congress of the United States passed and President Franklin D. Roosevelt signed the Selective Service and Training Act of 1940. This unique piece of legislation authorized, for the first time, the peacetime conscription of young Americans. The legislation was referred to at the time with no small amount of jocularity as the "Goodbye dear, I'll be home in a year" law. Over 16 million men between the ages of twenty-one and thirty-six were enrolled as potential members of the call-up pool.

Among those from San Diego to be called up in the third draft call of February, 1941 were two young Nisei, Hidekazu Michael Ishikawa and Tsuneo Francis Yamasaki who may be seen above reading their "Greetings from the President of the United States" missive.

On Tuesday, February 25, 1941 the San Diego Union ran a story on the two young Nikkei. Headlined, "WHAT IF THE U.S. FIGHTS JAPAN?" With the sub headline of, "Sons of Nipponese Ready to Do Their Part"

The Union story that followed reads in part:

"Two United States citizens whose parents were born in Japan answered without quibbling yesterday as they prepared to leave tomorrow to serve a one year hitch in the army under the selective service act.

"We're citizens just the same as you are," said Hidekazu Michael Ishikawa, 22 San Diego born son of Japanese parents. "If Japan fights us, we'll fight Japan."

"It makes no difference," chimed in Tsuneo Francis Yamasaki, 22, born in Redlands and a San Diego resident since 1924. "We're United States citizens and this country's enemies are our enemies too."

Both boys went to school here. Ishikawa to Lincoln Grammar School, Memorial Junior High and San Diego High. Yamasaki went to Lincoln, Woodrow Wilson and San Diego High. Both are fishermen.

They were guests of honor last night at a farewell party arranged by the Japanese American Citizens League, of which they are both members. Two other American-born Japanese - Richard Takashima, of Chula Vista and Isuero Seko of San Diego were guests of honor as they too, have been called in the third draft.

Less than one year later, the same San Diego Union began the first of fourteen editorials all demanding the mass exile of all persons of Japanese ancestry from the West Coast. Tragically, the editorial staff of the Union had forgotten the words Mike Ishikawa had uttered a scant twelve months earlier. "We're citizens of the United States just like you are."

Roy Toma Moves On

It is with mixed emotions we report that Roy Toma of Toma Plumbing has announced that he is leaving that line of work and moving on to fulfill his long held ambition to attend seminary and work toward his eventual ordination as a Christian minister.

Roy has been a long time advertiser in The Footprints and supporter of the JAHSSD. He has gained a well earned reputation in the community as not only a master of his craft, but as an honest and dependable businessman.

Toma Plumbing is now TLC Plumbing and is located at 4569 Mission Gorge Place, Suite E. San Diego, CA 92120.

We all take this opportunity to wish Roy and his family well.
IN MEMORIAM

The JAHSSD notes with great sadness the passing of San Diegans and former residents of our community. We extend our heartfelt condolences to their families and friends.

Harold Hitoshi ANZAI - May 17, 1999
Seiko WATANABE - June 18, 1999
Takeharu TANIGUCHI - July 3, 1999
Isamu "Sam" NAKANO - July 7, 1999
Eugene N. TERADA - July 7, 1999
Sierra H. UYEDA - July 22, 1999
Satosu Don MORIMOTO - July 29, 1999
Jim H. DOI - July 30, 1999
Teru WATANABE - August 1, 1999
Chester T. KANEYUKI - August 16, 1999
Teruko June SHIMAZU - August 22, 1999
Anna F. (Kikuchi) YAMAUCHI - Sept. 1, 1999

Hey! Hey! Little Help There

As you may have noticed our society is constantly seeking artifacts, photographs and documents related to the Nikkei experience in San Diego. Before you toss that old stuff (horror of horrors) out, or give it to the Goodwill folks, pause a minute and think of us.

One area where we can really use some help is in the area of **local Nikkei sports activities**. Sports have always been an important part of this community’s experience. How about checking the closet for some of those old bowling shirts you used to wear for those Nisei Leagues.

**Basketball Jerseys**, **Baseball uniforms**, **Kendo**, **Judo** and **Aikido** gi that you may have outgrown. **Personalized sports bags**, **buttons**, **pins**, and **trophies**. You know, the stuff that’s been cluttering up the place for years. These are all things we’re interested in.

And of course we’re always interested in **photographs** showing local sports activities.

Your historical society would be glad to help you clean out the closet and give those items a new home where they will be lovingly cared for. Donating to us might lower the stress level of your significant other as well. In fact, we’ll even give you a letter for tax purposes.

If this note strikes a cord, please contact Ben Segawa at 482 1736, Susan Hasegawa at 483 2206, Don Estes at 280 9418, or Yukio Kawamoto at 286 8206. We’re happy to make house calls.

**Membership News**

A warm welcome to the following new members, especially out-of-towners, who recently joined our membership: Toshio and Michi Fujimoto of Torrance; Edythe (Hirase) Harada of Salt Lake City; Midori (Koba) Koga of Parlier who joined as a life member; James M. and June F. Tajiri of Pebble Beach; Aya (Hosaka) Yamakoshi of Park Ridge, IL; Dr. Randall Phillips who joined as an honorary member; Sharon Bristow; David and Yuri Fujikawa; Karen Hart; June Kushino; Takashi Mayumi; Maya Nishikawa; Ichiro and Chieko E. Saito; Tyler and Peggy Tanaka; Christy G. Vikander.

JAHSSD gratefully acknowledges the following who recently renewed their membership: Toshio and Mary Abe; Dell Farnham; Masami Honda; Kenji Iguchi; Chiz A. Imoto; Yoshito and Marleen Kawahara; Frank and Janet Koide; Hiroshi and Yayoi Kubota; Mary Marumoto; Jodi Masumoto; Taro Matsui; Hideo and Kiyoko Ochi; Hideko Shimazaki; Chie Roxanne Takehara; Karen Tani; Masaharu Tsuida; Tom and Taeko Udo; James and Helen Urata; Frank Wada; and Rose Y. Watamura. We also thank Jeanne Elyea for upgrading the membership of Bessie Doiguchi to life member.

We thank Suye Fujikawa for providing gift memberships to daughters Sharon Bristow, Karen Hart, Christy Vikander, son and his wife, David and Yuri Fujikawa, and brother Takashi Mayumi. Why not consider giving gift memberships to your children and to your relatives, as Suye Fujikawa did? It would make a great holiday gift!
A TRIBUTE TO A FRIEND
By Mich Himaka

She was an instant friend to anyone she met. And she met many during her short lifetime.
People my age in San Diego knew her well. I could mention "Anna" and people knew who I meant.

Anna Fusako (Kikuchi) Yamauchi. She was the youngest of five children born to the late Rev. and Mrs. Kenji Kikuchi, who ministered at what is now the Ocean View United Church of Christ from the prewar years and after the war.
People my age became acquainted with Anna in Poston III School's fifth grade. Girls? The guys wanted nothing to do with girls then. The girls? They equally wanted nothing to do with the guys.
We hardly noticed Anna then except we knew she was bright. And besides, she lived in 329 and you know how those 329 people were!
Sixth grade, seventh grade. War's over! let's get outta here!
Families left camp. The Kikuchis returned to San Diego and were a major force in helping families resettle here.
Our family moved to Cleveland, Ohio, but returned to San Diego in 1948 when I began my junior year at San Diego High.
By then, a lot of guys noticed Anna. She not only was the brightest but a beautiful young lady. And she was the friendliest, nicest, most outgoing, classiest, most popular. You get the idea. She served as the high school's ASB secretary and held other offices.
As tiny as she was in stature, she was big. Because of all of the above attributes, Anna was one intimidating personality. But she was most respected by everyone. She could make one feel so comfortable with her presence.
After graduating from high school, Anna went to the University of California at Berkeley graduating as a nurse. There, she met Hiroshi (Hishi) Yamauchi, who would go on to become a prominent heart surgeon in Woodland, Cal., where they settled.
They would raise four children an six grandchildren.
Earlier this year, I heard she was stricken with cancer. Then I heard she was recovering enough that she would be attending the Poston III reunion in Reno in April. I missed the reunion because of other commitments and heard she was doing well.
Then, a couple of weeks ago, I heard she had a relapse.
On Wednesday, Sept. 1, I got word from her sister, Elizabeth Yamada, that Anna had passed away.
I'll bet she didn't go without a fight. If Anna had anything, she had a fighting heart.

CONGRATULATIONS

Genzo and Grace Seki recently celebrated their 65th wedding anniversary at a July 24 party held at the Sambi Restaurant in Los Angeles, which marked the occasion with a large greeting on their marquee. The Sekis were joined by their four children and their spouses, 9 grandchildren and 9 great-grandchildren. The happy couple still manages to drive to LA at least once a month and Genzo has maintained a perfect driving record for about the last 40 years.
A Miracle Among Us
by Elaine Hibi Bowers

The sight of the recent earthquake in Turkey, its devastation and tragedies, 15,000 lives lost thus far, many missing, thousands misplaced and homeless, has been brought to the attention of the world.

Now picture this: On September 1, 1923, an earthquake in Japan destroyed a third of Tokyo and most of Yokohama; more than 140,000 were killed.

A 92-year-old survivor of Japan's most disastrous earthquake lives today in San Diego. He recalls as a lad of almost 17, after being one of only two chosen from a field of candidates for training in mechanics, he was in Tokyo working for a large company. It was about noon when he heard a tremendous rumbling and the earth began to move and shake. Houses collapsed and fell apart. There were fires everywhere. Central Tokyo was an inferno and those who ran into the park for refuge perished. He ran out and jumped into a body of water used for cut trees and logs, and stayed under water. He remembers bodies floating all around.

The above represents only a few minutes in the eventful more-than-nine-decades life of Genzo Seki. What is doubly amazing is that there is another survivor in this area of that disaster of 76 years ago. A woman.

CAUGHT DOING SOMETHING NICE

We regularly like to acknowledge the acts of folks who have assisted us since the last issue of our newsletter. In this issue we wish to acknowledge the following:

Yukio Kawamoto spoke to a class at Grossmont College in July and shared his experiences at Poston, Camp III. For his talk Yukio utilized the photo kit developed by the San Diego Chapter of the JACL.

We wish to gratefully acknowledge the donation of two very fine historic photographs to the collection of the JAHSSD by Kikuno Tanabe. One photograph shows the Poston, Camp III Parish 2 Church group on May 20, 1945, and an especially valuable and unusual photograph of 64 individuals who were attending a SD JACL Fourth of July Picnic at Pacific Beach dated July 2, 1939.

Ms. Linda Matlock, niece of the late Will Hippen Jr., Honorary Consul General of Japan at San Diego very generously donated over 5000 color transparencies including carousels, and historic photographs from the estates of both her uncle and her late father, Dr. Robert Lee Hippen, MD.

We also wish to thank Fudo Takagi for his donation of ten issues of the Santa Anita Pacemaker to our research archives.

The JAHSSD not only offers our thanks, but our congratulations to Bruce Sherman and Susan Hasegawa for their generous donation of $125 marking their wedding on August 1, 1999.

Ben and Grace Segawa, Mich and Naomi Himaka, Yuki Kawamoto, and Don Estes all pitched in on a Saturday afternoon to take down, store and pack up our exhibit at the Chula Vista Heritage Museum. With everyone's help we got everything put away and accounted for. A BIG THANKS to them all.

We would like to recognize the journalistic efforts of KGTV reporter Maya Nishikawa who developed two television features on relocation including one which showed a portion of our recent Chula Vista exhibit, and another which included comments by JAHSSD president, Elaine Hibi Bowers recorded while visiting the Japanese American National Museum. We also wish to thank Maya for her donation of $25 to the society.
as generous, succulent slices; and that the pieces of vegetables were clearly accompaniment to the meat.

What I tasted that day amounted to a culinary epiphany, and later I wanted to recreate that rice taste.

I learned cooking corned beef was easy, if time-consuming, and occasionally within our budget. It became a family favorite, fitting because “Teague” is an Irish surname. Once we served the dish to my parents, Mom began cooking it that way herself.

These days, corned beef from a tin can is only a fond family memory. Now we blithely go through the expense and bother of slow-cooking the corned beef till it’s falling-apart tender and relish the results. But of course, we never fail to serve this time-tested, traditional Irish-Japanese-American recipe without a big pile of veggies ladled over hot rice.

Gotta remember our roots, right?

“I always hoped that when the Year 2000 came, my “kid” sister Mizu could be with us but that is not to be. She left us a year and a half ago. Three of my classmates from the Class of ‘50 also are gone much too soon — Yuriko Lillian Kawasaki, Katherine Tasaki Segawa and recently we lost Anna Kikuchi Yamauchi. We had 11 Nikkeis in our class that year.

The Millennium? It’s huge! It’s coming and the JAHSSD is looking for some help.

We are trying to raise some funds. We are trying to sell some Millennium Message space in The Footprints for December. For $10 or more, send a New Year’s (Millennium) greeting. We hope to publish that issue in late November or early December.

We will have a table at the annual funcheon meeting Oct. 9 set up to accept your messages and donations. Think about us if you will, won’t you? If you can’t think of a message, we will try and come up with one and you can sign it.

“Knowledge is power” and “remember the past” were just a few of the nuggets of wisdom that guest speakers passed out during the panel presentation. On a sunny afternoon in a Chula Vista park this past spring, JAHSSD members Mitsuko Kawamoto (front, left), James Yamate (second row second left) and Ben Segawa (second row third left) shared their life experiences during World War II with Southwestern College students. Forty students from Prof. Susan Hasegawa’s (third row far left) Asian American history class attended and engaged in dialogue that illuminated the difficulties Nikkei went through during the war. JAHSSD continues to recruit persons interested in sharing their experiences with young people. Contact Susan Hasegawa at (858) 483-2206 to serve as a guest speaker.
H. GUY GREENMAN LETTERS

(A collection of letters was donated to the JAHSSD via Rev. Tom Fujita by Mr. Greenman's daughter, Mrs. Charlene Halgren of La Mesa. These were communications between Mr. Greenman, a produce wholesaler with many ties to the Nikkei farming community, and members of the Nikkei community. We plan to publish excerpts or letters in whole periodically.)

One of the communications included a receipt written to Mr. Greenman dated Sept. 10, 1923, for $25 donated "towards the relief funds for the disaster stricken people of Japan. (Note: An earlier story to Mr. Greenman dated Sept. 1, 1923 earthquake that struck Japan.)"

The communications show Mr. Greenman obviously was a friend to many in the Nikkei farming community in San Diego. Mr. Greenman had his wholesale business at 416 Sixth Ave. in San Diego. He was often asked by members of the community to write letters on behalf of Nikkei attesting to their loyalty and character as residents and businessmen.

One written on behalf of Henry Yoshimine reads:

I was acquainted with Henry Yoshimine when he was chef for Mitchell's Cafeteria, located on 7th Avenue between Broadway and E Street, San Diego, California. He worked there sometime between the years of 1920 and 1925.

At sometime after discontinuing employment for Mitchell's Cafeteria, he owned a fruit market at Ocean Beach, California, and bought some produce from us from our store at 416 Sixth Ave., San Diego.

For the past three years I have been very well acquainted with Mr. Henry Yoshimine as he was quite a heavy purchaser from us of fruits and vegetables, which he sold and delivered at wholesale to different customers he had. I have found him absolutely honest and dependable and very much Americanized in our associations and business dealings with him. One particular thing that I have noticed is that all conversations I have ever heard him have with his nephew or with other Japanese were in the English language, not Japanese.

I am therefore sincerely of the opinion that Mr. Henry Yoshimine should be granted any considerations or privileges that the United States deems advisable to grant to aliens of his classification.

(In another letter written on behalf of Kiso Yasukochi, a North County farmer, Mr. Greenman wrote):

I have been acquainted with Mr. Kiso Yasukochi, father of Taisuke Yasukochi, since 1932.

He was a partner in the same ranch with Taisuke Yasukochi for a number of years. Our business dealings were done with Taisuke Yasukochi. Mr. Kiso Yasukochi seemed to be more of a silent partner and so had occasion to talk very little with him. However, in view of my very high regard, from experience and association with Taisuke Yasukochi, I feel sure that his father is a very honorable man.

I therefore believe that Mr. Kiso Yasukochi should be granted any privileges or considerations that the United States deems advisable to grant to aliens of his classification.

(His concern for internees sent to the Santa Anita Assembly Center also was evident. In letters sent to George Morishita and George Yamatani, Mr. Greenman said he sent Mr. Morishita a flat of avocados and Mr. Yamatani a flat of cucumbers.

The cucumber market was good he said. $1.75 to $2.25 a flat.)

Yamatani wrote back telling Mr. Greenman he received the flat of cucumbers but questioning whether some cucumbers might have been stolen. It looked like half the cucumbers were missing.

"I wonder if Zapata is picking the cucumbers a little too young. It was marked 39 in a flat and I found quite a few young ones which should have been left on the vines longer to enjoy more production."

Mr. Greenman wrote back. "Regarding the cucumbers, production is very good now. The reason your flat was small size was that at that time we were picking very few and the first ones were mostly small."

May 21, 1942. Michi Yasukochi, (Taisuke's daughter) writes Mr. Greenman from Poston I:

"Just a few lines to let you know that we reached here safely. We are now settled in our new home. The weather is terribly warm. It was around 106 degrees in the house yesterday. It gets a little cooler in the morning and evenings. I guess it will take us quite some time to get accustomed to the heat here after living all my life near the ocean.

George has a position now as a block manager. The place here is divided into blocks and one block includes sixteen buildings, a men's and a women's latrines, a dining room and a recreation room. One building consists of four apartment. This place is a desert and the nearest city is Parker, about eighteen miles from here. The is no curfew here and also no discrimination.

I have now a position as a typist in the registration building so it keeps me quite busy. This job sometimes requires you to work till midnight because most of the people arriving from various places come in about three or sometimes ten in the evening. There are people from all over Southern California and also from New York. They arrive every other day by the hundreds and thousands.

In a postscript, she writes:
The food they serve here is simply terrible. All canned food from meat to vegetables and no fresh milk or butter.
JAPANESE AMERICAN HISTORICAL SOCIETY OF SAN DIEGO
1999 MEMBERSHIP APPLICATION
(INCLUDES FOOTPRINTS NEWSLETTER)

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Address Service Requested
Meeting/Program
Presents:

Children of the Camps:
A Video Documentary and Discussion with

Dr. Satsuki Ina

October 9, 1999
San Diego Buddhist Temple
2929 Market Street

10 am - 1 pm

- This Program is free and open to the public -
Bento Lunch $15 (must pre-order)

For ticket reservations please complete the form provided below and return by October 4, 1999. Reservations may be picked up at the door on October 9th.

For program information please call: Jeanne Elyea - 690 1151, Ben Segawa - 482 1736, Yukio Kawamoto - 286 8203, Masato Asakawa - 453 2739

NAME ___________________________________________ Phone __________
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(Please list all those attending on the back portion of this form so name tags may be provided)

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